



The Illinois Association of Marriage and Family Therapy and The Family Institute at Northwestern University present

What To Do When What You Are Doing Isn't Working

INTEGRATIVE SYSTEMIC THERAPY

This program will provide a practical understanding of how to apply the Integrative Systemic Therapy (IST) perspective in your work with individuals, couples, and families. Participants will be invited to reflect on their preferred models of therapy and consider options for what they can do when what they are doing isn't working. The presenters, authors of [Integrative Systemic Therapy in Practice: A Clinician's Handbook](#), will provide guidelines and frameworks for expanding practice and increasing flexibility in the selection of interventions with complex cases and diverse populations.

EDUCATIONAL OBJECTIVES

- Learn step-by-step guidelines for how to use IST to systematically expand your options for intervention.
- Decolonize the use of individual and relational interventions by utilizing feedback-driven collaboration to tailor what our field has to offer to the specific patterns, needs and culture of the client system.
- Gain ways to address both the patterns within a client system and the influences of the larger system and zeitgeist.
- Advance your skills in supervising trainees who experience confusion about the great variety of theoretical models and empirically supported treatments.

EVENT DETAILS

Saturday, May 13, 2023
10:00 AM – 3:30 PM

Northwestern University
The Norris University Center, Room 202

Check-in starts at 9:30 AM
Parking is FREE
Earn 5 CEUs

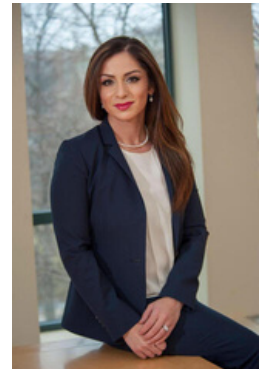
William P. Russell
LCSW, LMFT, BCD



Douglas C. Breunlin
MSSA, LMFT, LCSW



Bahareh Sahebi
Psy.D., LMFT



Price of conference registration as follows:
non-members: **\$140**
IAMFT Member: \$126 Student: **\$60**
Student Member: **\$54**

[Join IAMFT](#) prior to registering for the conference to save 10%.

REGISTER NOW

**SUBMIT YOUR POSTER
PRESENTATION SUBMISSION**



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INSTITUTE**
at Northwestern University

Northwestern

The Center for Applied
Psychological and Family Studies